

Free Food Assistance in South Lake Tahoe-Weekly
Updated on 9/17/23

Day	Organization/Time	Specifics
Monday 4:00- 5:30 p.m.	Bread & Broth- Monday Meals St. Theresa Catholic Church Grace Hall dining area 1041 Lyons Ave., SLT, CA 96150	A full-course, nutritious hot meal with second servings, “to go” and “giveaway” bags containing canned goods, dairy products, fruits, vegetables, breads, and more.
Monday 11:00- 12:30 p.m	Hope Full Lunch Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
Tuesday 11:00 a.m.- 2:00 p.m.	Christmas Cheer All Year 1120 Third Street, SLT, CA 96150	Food bags handed out at the door Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
Wednesday 11:00 a.m.- 2:00 p.m.	Christmas Cheer All Year 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
Wednesday 10:30 a.m. - Noon	Phoenix Pantry Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT 96150	Drive through pantry. Clients will receive fresh produce, meat, canned goods, et.
Wednesday 11:00- 12:30 p.m.	Hope Full Lunch Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
Thursday 11:00 a.m.- 2:00 p.m.	Christmas Cheer All Year 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
Thursday 9:00 a.m.-10:00 a.m.	Live Violence Free 2941 Lake Tahoe Blvd., SLT, CA 96150	Food bags distributed containing bread, canned goods, and other food items.
Friday 11:00 a.m.- 12:30 p.m.	Hope Full Lunch Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
Friday 4:00- 5:00 p.m.	Bread & Broth’s Second Serving Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT, CA 96150	Meals consisting of a soup and a simple entree (lasagne, chili dogs, pasta dishes, salads) Guests will also be provided with “giveaway” bags with canned good, breads, pastries based on availability of food items.

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Friday 3:00- 4:30 p.m.	St. Theresa Catholic Church- Food pantry St. Theresa Catholic Church, Grace Hall 1041 Lyons Ave. SLT, CA 96150	Non-perishable foods, canned food items, Dog and cat food **Come to the side window of Grace Hall
4th Wednesday of the month May through October	St. Theresa's Church parking lot 1401 Lyons Ave., SLT, CA 96150 10:00 - 11:00 a.m.	Free Farmer's Market Serving fresh fruit, vegetables
2nd Friday of the month 10:00 a.m. until bags are gone	SLT Family Resource Center 3501 Spruce Ave. #B, SLT, CA 96150	Bags of food from the El Dorado Food Bank. If needed, food will be available on other days 9-3 or by appointment. Fresh bread available every Tuesday and Thursday after noon. Call to confirm.
2nd Friday of the month 12:00 PM- 1:00 PM	Live Violence Free 2941 LakeTahoe Blvd., SLT, CA 96150	Food bags distributed-Produce distribution
3rd Friday of the month 11:30 a.m.- 1:00 p.m.	Northern NV Food Bank American Legion parking lot 2748 Lake Tahoe Blvd., SLT, CA 96150	Fresh produce distribution Please bring your own bag
2nd Saturday of the month 9:00 a.m. - 10:15 a.m.	Our Lady of Tahoe Church/ Outreach Program 1 Elks Point Road, Zephyr Cove, NV 89448 Office: 775-588-2080	Food box given out depending on the size of the family. Non-perishables, fresh produce, eggs, meat

Services Specifically for Children

Monday-Friday Free hot supper 4:30-5:30 p.m. at the Boys & Girls Club Free snack served at 4:00 p.m. at Bijou, LTEMs, Tahoe Valley	Boys & Girls Club-Lake Tahoe 530-542-0838 1100 Lyons Ave. South Lake Tahoe, CA 96150	All children age 18 and under are eligible, not just those enrolled at the Boys & Girls Club. Children can be accompanied by an adult or come by themselves. No ID or forms required.
Friday	Bread & Broth 4 Kids-Weekend Food Bag Program Weekend food bag distribution at all Lake Tahoe Unified pre-K through grade 8 schools: Bijou, Sierra House, Tahoe Valley, LTEMs, South Tahoe Middle School Additional limited number of bags distributed to pre-school children at Head Start, LTCC Child Development Center, Catalyst Community, Family Resource Center, and Step by Step.	Distribution of weekend food bags containing 7 single serving, kid-friendly, nutritious meals (3 dinners, 2 breakfasts, 2 lunches) as well as fresh fruits and nutritious snacks.